**Angela’s Ashes**  
by Frank McCourt  
929 MCCO, LT 929 MCCO, E-audio  
A family moves from impoverished Brooklyn to even worse poverty in Limerick, Ireland, in this award-winning memoir.

**Wild: From Lost to Found on the Pacific Crest Trail**  
by Cheryl Strayed  
B STRA, LT 813.6 STRA, CD Book STRA, E-book, E-audio  
An inspirational story of a 1,100 mile solo hike taken by a young woman on a journey of self-discovery.

**#Girlboss**  
by Sophia Amoruso  
381 AMOR, E-book  
The founder of Nasty Gal fashion e-tailer shares straightforward advice based on her rags-to-riches success.

**Smoke Gets in Your Eyes: And Other Lessons from the Crematory**  
by Caitlin Doughty  
B DOUG, LT 363.7 DOUG  
Details the author's time as a crematory operator, questioning our country's changing rituals and examining the reader's narrow view of mortality.

**Off the Sidelines: Raise Your Voice, Change the World**  
by Kirsten Gillibrand  
B GILL  
A New York senator who advocates for women to get more involved in politics discusses her career, marriage, friendships, and family.

**The Rose Hotel: A Memoir of Secrets, Loss, and Love from Iran to America**  
by Rahimeh Andalibian  
B ANDA  
A dramatic account of a once secure and happy Iranian family following the 1979 Islamic revolution.

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### Films based on memoirs:

- *12 Years a Slave* - DVD, BLU
- *127 Hours* - DVD, BLU
- *Angela's Ashes* - DVD
- *Captain Phillips* - DVD, BLU
- *Catch Me If You Can* - DVD
- *Cheaper by the Dozen* (1950) - DVD
- *The Diving Bell and the Butterfly* – DVD
- *Eat Pray Love* - DVD, BLU
- *Jarhead* - DVD
- *My Week with Marilyn* - DVD, BLU
- *Persepolis* - DVD
- *The Pianist* - DVD
- *The Railway Man* - DVD, BLU
- *Running with Scissors* - BLU
- *The Theory of Everything* - DVD, BLU
- *Wild* - DVD
- *Wild Hearts Can’t Be Broken* - DVD

Merriam-Webster defines memoirs as narratives composed from personal experience. Here are some interesting selections that are written by people from all walks of life.
Don't Let's Go to the Dogs Tonight  
by Alexandra Fuller  
LT 968.91 FULL, E-book  
A white African girl's childhood during the Rhodesian civil war of 1971 to 1979, chronicling her struggles with her alcoholic mother and frequently absent father.

I Am Malala: The Girl Who Stood Up for Education and Was Shot by the Taliban  
by Malala Yousafzai  
B YOUS, LT B YOUS, E-audio  
The life of a young Pakistani student who advocates for women's rights after surviving an assassination attempt, and who became the youngest nominee for the Nobel Peace Prize.

A Child Called "It": One Child's Courage to Survive  
by David J. Pelzer  
362.7 PELZ, E-book  
A horrible childhood at the hands of a sick and twisted mother.

Two Kisses for Maddy: A Memoir of Loss & Love  
by Matthew Logelin  
155.9 LOGE, LT B LOGE, CD Book 155.9 LOGE  
The day his daughter was born was the day his wife died of a pulmonary embolism. This is a memoir of a father's first year.

Wave: A Memoir of Life After the Tsunami  
by Sonali Deraniyagala  
B DERA, LT B DERA, E-book, E-audio  
A survivor of the 2004 tsunami that killed her parents, husband, and two young sons, Sonali recounts her struggles with grief and survivor's guilt and her steps toward healing.

Can't We Talk About Something More Pleasant?  
by Roz Chast  
B CHAS, E-book  
Celebrates the final years of aging parents' lives through cartoons, family photos, and documents, reflecting the author's struggles with caregiver challenges.

Glitter and Glue: A Memoir  
by Kelly Corrigan  
LT B CORR, E-book  
The controversial author shares some life stories, explaining his contradictory stances on a variety of issues.

Tina Fey  
B FEY, LT B FEY, CD Book B FEY, E-audio  
On the joys (yeah, right) of balancing work, marriage, and motherhood.

Anjelica Huston  
B HUST  
Celebrated Scottish actor's emotional story of his troubled relationship with his father, and the deeply buried family secrets that shaped his life and career.

A Child Called "It": One Child's Courage to Survive  
by David J. Pelzer  
362.7 PELZ, E-book  
A horrible childhood at the hands of a sick and twisted mother.

Not My Father's Son  
by Alan Cumming  
B CUMM, E-book, E-audio  
Celebrated Scottish actor's emotional story of his troubled relationship with his father, and the deeply buried family secrets that shaped his life and career.

A House in the Sky: A Memoir  
by Amanda Lindhout  
B LIND, LT LIND  
A Canadian journalist who survived a harrowing 15-month captivity with Somali Islamist rebels chronicles her ordeal and how she found the moral strength to survive.

Why Be Happy When You Could be Normal?  
by Jeanette Winterson  
B WINT, E-book  
Legends winning English writer explores her upbringing and her recent journey to search for her real mother.

The Year of Magical Thinking  
by Joan Didion  
LT B DIDI, E-book, E-audio  
An American author recalls the year following the sudden death of her husband during which her daughter was hospitalized with a serious illness.

The Controversial Author Shares Some Life Stories, Explaining His Contradictory Stances on a Variety of Issues.

The Comedian Offers Up Humorous Advice on Topics Such as Sex, Babies, Friendship, and Divorce.